

“Before planting, put into your mouth one or more little seeds, hold them in your mouth, under the tongue, for at least 9 minutes.

Then place the seed between the palms of your hands and hold it there for about 30 seconds. During this time it is important that you are standing barefoot on the spot of earth where you will later be planting it.

Open your hands, and carefully raise the seed which you are holding to your mouth.

Then blow on it lightly, warming it with your breath, and the wee little seed will know everything that is within you.

Then you need to hold it with your hands open another 30 seconds, presenting the seed to the celestial bodies. And the seed will determine the moment of its awakening. The planets will all help it! And they will give the sprouts the light they need to produce fruit especially for you.

After that you may plant the seed in the ground. In no case should you water it right off, so as not to wash away the saliva which is now covering it, along with other information about you that the seed will take in. It can be watered 3 days after planting.

.....the fruit cultivated from the seed in this manner, and consumed by the individual who cultivated it, is capable not only of curing him of all diseases of the flesh whatsoever but also of significantly retarding the ageing process, rescuing him from harmful habits, tremendously increasing his mental abilities and giving him a sense of inner peace. The fruit will have the most effective influence when consumed no later than 3 days after harvesting.”

For more info check out ‘Anastasia, Book 1, The Ringing Cedars Series’, by Vladimir Megre. (pages 77-80)

DISCLAIMER: Cosmic Storage does not guarantee or warrant the above to be true, but we will be experimenting ourselves to see what may happen!!!!